

## CM Women's Club

Robin Moller, [robin@mollers.us](mailto:robin@mollers.us)

10/10/17

## NEIGHBORHOOD RESPONSE GROUPS

**Goal:** organize neighborhoods to be prepared in the case of an emergency (most likely earthquake, fire) when professional first responders may be overwhelmed, possibly for several days. By preparing and planning in advance, and working to develop a committed, bonded community, we may be able to reduce the risks in advance, and not experience some of the dire circumstances associated with emergencies.

NRGs are set up under conventional Incident Command system, with Steering Committee, Incident Command team, Block Captains, Medical Team. The better individual households are prepared in advance, the more the IC team is available to address extreme emergencies.

### Things you can do to become more prepared

- REVIEW "Ready, Set, Go!" fire safety brochure
- REVIEW "Get Ready" emergency preparation brochure
- PREPARE an emergency backpack, for evacuation, and as centralized location to keep things if required to "shelter in place". Refer to the two brochures above for lists and suggestions
- IDENTIFY a "Ten Minute List" for what to do if you have 10 minutes to get out of your house. What do you want to take???
- EVACUATION: identify your pedestrian route, and family meet-up plans. Identify an out-of-area contact. Redwood High School is our primary designated evacuation center
- CERT training. Sign up with a friend for FUN!
- "HARDEN" your home by creating defensible space. The "ember zone" may be several miles from the actual fire!
- FIRE EXTINGUISHERS & SMOKE ALARMS: confirm they're functional!
- TWIN CITIES DISASTER PREPAREDNESS COMMITTEE has monthly meetings on the 2nd Monday, 9-10AM, 250 Doherty Drive, Larkspur. All are welcome
- PARTICIPATE in the EMERGENCY PREPAREDNESS DRILL on Sunday, November 5, 2017, the day we change our clocks, and update your contact information with your block captain
- If your neighborhood doesn't have an NRG, consider helping to organize one. Contact NRG Coordinators Lee & John Howard at [LeeJohn7@gmail.com](mailto:LeeJohn7@gmail.com)
- REGISTER with [AlertMarin Emergency Notification Registration](#) to get emergency email, text and phone call
- Emergency radio stations: 740, 810, 1330;
- CHECK your insurance coverage

### Resources:

- Ready Marin <http://readymarin.org/> . Click on <Get Ready> and scroll down to <Get Ready Course Manual> .
- NRG Marin <http://nrgmarin.org/>
- FireSafe Marin <http://www.firesafemarin.org/> click on <Preparedness> and navigate to Ready, Set, Go! brochure
- Blue Rock NRG <http://www.nrgbluerock.org/>
- Center for Volunteer & Nonprofit Leadership <https://cvnl.galaxydigital.com/> register to help with current North Bay fires
- AirBnB <https://www.airbnb.com/> to offer housing to evacuees
- 211 Evacuation Site list